

Ignite Your Transitions: Strategies for Success

“The prerequisites for growth are the openness to experience events and the willingness to be changed by them.”

- Bruce Mau

In this program we work with leaders in transition and help them to create strategies for success. We examine their new realities and take a holistic look at how they can build on their strengths, address necessary weaknesses and learn to delegate effectively in their new roles. We focus on “integration” – performing multi-purpose activities versus multi-tasking. Relationship-building skills are introduced, as leaders will need to effectively design alliances with key players to move from surviving to thriving.

Coaching Works

All of our programs are highly interactive and leaders walk away with practical tools they can implement immediately. Leaders apply the skills and concepts they are learning from the moment the program begins. Follow up coaching is included in all of our programs to ensure the learning sticks and is applied once leaders are back in the real world.

Program outcomes

- Mid term and short term strategies to navigate the transition
- Action plan to implement strategy
- Specific next-steps to build your support team – both professional and personal
- Practical tips to overcome fear and perceived obstacles
- Tips for creating healthy communications and relationships with key players
- Real-time use of introductory coaching skills
- Accountability to coaching partner
- Enhanced relationships with other leaders leading to greater collaboration

Scalable Coaching Solutions

This program can be delivered through a series of individual or group coaching sessions or as a half day or full day workshop with follow up coaching.

Contacting North Star Coaches

To book this program with North Star Coaches, contact Lindsay Sukornyk at 416-924-0700 or Lindsay@northstarcoaches.com.